



UCSF Multi-User & High-Risk Computer Workstations

This is an addendum to the UCSF Workstation Guidelines.

Electric height-adjustable work surfaces that adjust between 22"-48" or more should be used for multi-user workstations and for high-risk computer workstations.

Whenever possible, electric height-adjustable work surfaces should be incorporated into new employee workstation designs to improve ergonomics, safety, and flexibility and to reduce long-term ownership costs.

Refer to the UCSF Workstation Guidelines for more information on desk size, depth, and leg clearance.

Definitions:

Multi-user workstation: Any computer workstation in a UCSF facility that is used regularly by more than one person. Hoteling and shared workstations qualify as multi-user workstations.

High-risk computer workstation: Any computer workstation in a UCSF facility that is used for four or more hours of computer work per day by one person.

UCSF Workstation Guidelines: UCSF-specific version of the UC-wide guidelines for computer workstations based on international and national ergonomics standards and guidelines.

For more information, including a list of work surfaces that meet these guidelines, contact the UCSF Ergonomics Program at ergonomics@ucsf.edu or 415 514 ERGO.