To: Dosimetry Coordinator, Box 0942

USCF Office of Environment, Health and Safety

In accordance with the Nuclear Regulatory Commission’s (NRC) regulations at 10 CFR 20.1208, ‘Dose to an Embryo/Fetus’, I am declaring that I am pregnant. I believe I became pregnant in ______________ (month and year only need be provided).

I understand the radiation dose to my embryo/fetus during my entire pregnancy will not be allowed to exceed 0.5 rem (5 milliSievert), (unless that dose has already been exceeded between the time of conception and submitting this letter). I also understand that meeting the lower dose limit may require a change in job or job responsibilities during my pregnancy.

Your Signature __________________________________________
Your Printed Name _______________________________ Your Email ___________________________
Today’s Date _______________________________ Your Phone Number ______________________

EH&S Use Only

Health Physicist Specialist ______________________________ Date First Contact ____________
Radiation Exposure __________________________________________________________________________________

Documentation of Education

___________________________________________________________________________________________

Information Provided □ Email Contact Date ________________________________
□ NRC Guide 8.13 □ Pregnancy Declaration □ or None □ Fetal Badge Request □ UCSF EH&S Link
□ NIOSH Document □ __________________________ □ __________________________ □ __________________________

UCSF Declaration of Pregnancy  October 2015