# Height-Adjustable Work Surfaces

## INFORMATION ABOUT HEIGHT-ADJUSTABLE WORK SURFACES:

Read this section before ordering a height-adjustable work surface.

**Options:** Work surfaces listed that adjust between 22”-48” in height meet UCSF work surface guidelines:

**Work surface depth:** Work surfaces are available in either 25” or 30” depths. The 30” depth is preferred and allows more flexibility for placing the monitor and input devices on top of the work surface.

**Size and configuration:** Height adjustable desks are available in rectangular shapes. Choose the largest available work surface that fits in the space or replace an existing freestanding desk with a height-adjustable desk of the same or similar size. Most frequently-ordered sizes are 60”x30” or 62”x30”. Consider placing the height-adjustable desk at a 90 degree angle to another existing work surface to create an L shape. If inserting a height-adjustable work surface into existing cubicle furniture or in between other work surfaces, allow for 1” clearance on all sides of the work surface. Contact UCSF Facilities or the product vendor with questions.

**Delivery and Installation:** The department must coordinate installation, including removal of existing furniture prior to delivery/installation of new work surfaces. Contact UCSF Facilities for assistance.

**Placing other furniture below the work surface:** Avoid placing any items taller than 21” underneath the work surface. If the work surface is lowered and hits another piece of furniture, the desk motor can break.

**Keyboard trays and height-adjustable desks:** Most people are able to keep the monitor and input devices flat on top of the height-adjustable work surface and do not need a keyboard tray. However, if employees need or prefer to keep their input devices positioned on an angled surface, a keyboard tray can be added to the desk to allow this. If employees work frequently from reference documents while using the computer, they may also benefit from using a keyboard tray and an inline document holder. Refer to the UCSF Office Ergonomics Online Training and Self-Assessment for more information.
# Electric Height Adjustable Work Surfaces

**ISE RISE Electric Height-Adjustable Desk – 30” Deep**

*Underside of desk shown with optional keyboard tray*

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<table>
<thead>
<tr>
<th>Option</th>
<th>Part Number</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dove Grey D92-60</td>
<td>UC-RISE R0063 - 60&quot;x30&quot;</td>
<td>$895</td>
</tr>
<tr>
<td>Fusion Maple 7909-60</td>
<td>UC-RISE R0063 - 54&quot;x30&quot;</td>
<td>$895</td>
</tr>
<tr>
<td>Dove Grey D92-60</td>
<td>UC-RISE R0063 - 48&quot;x30&quot;</td>
<td>$895</td>
</tr>
</tbody>
</table>

**Vendor:**
Cube Solutions/BearBuy; Kurt Nunn; 925.705.7996; kurt@cubesolutions.net

**To Order:** Follow Steps 1-2
1. Choose appropriate size AND
2. Specify color option:
   - Dove Grey D92-60 (default)
   - Fusion Maple 7909-60

**Installation:**
- Required
- Product shipped to Oyster Point. User to contact UCSF Labor, Distribution, and Storage for installation quote
- Provide PO number from Cube Solutions. Request removal of existing furniture if needed

**Appropriate For:**
- Allows ability to quickly change desk height to support sitting and standing at different heights over the day
- Increase postural variation and offset sedentary work
- Good for shared workstations — easy electric adjustment
- Good design for person who performs computer and paperwork intermittently throughout the day
- Tools and materials can be arranged/rearranged around input devices for easy reach
- For use at high-risk computer workstations where one person performs computer work for four or more hours per day
- 4 programmable memory height pre-sets allow multiple users to easily and quickly adjust the desk height
- 30” deep surface allows more room for input devices and monitors than 25” deep surface

**Specifications:**
- Dimensions: 60”x30”, 54”x30” or 48”x30”
- Weight capacity: 276 lbs
- Table height range: 22” - 48.5”
- Surface is 1.25” thick
- Push button control has 4 digital preset options
- Three-stage electric height-adjustable table
- Lack of crossbar and modified base supports allows for easy installation of optional keyboard trays if needed
- Work surface available in two colors: Dove Grey D92-60 (default) OR Fusion Maple 7909-60
- Base available in silver metallic finish

**Guidance and Testing:**
- Not usually needed; Quick Fix item
- N/A for testing

**TIPS:**
- Keyboard trays can be installed anywhere on the front of the desk- in the middle or on the sides
- Can be augmented with Morency forearm support good upper limb support, particularly for mouse-intensive work

**Options:**
- Options available for employees taller than 6’2”.
  Contact vendor for details
| To Order: | ISE Electric Bi-Level Desk 48”x38”  
Part Number: SEHX-4830-U  
$1456 |
| --- | --- |
| Specify color option: | Dove Grey D92-60 (default)  
OR  
Fusion Maple 7909-60 |
| Vendor: | Cube Solutions/BearBuy; Kurt Nunn; 925.705.7996;  
kurt@cubesolutions.net |

| Installation: | Required  
Product shipped to Oyster Point. User to contact UCSF Labor, Distribution, and Storage for installation quote  
Provide PO number from Cube Solutions. Request removal of existing furniture if needed |

| Appropriate For: | - Those who perform keyboard/mouse intensive work with small amount of paper work  
- Can work well for bifocal users who need to position the monitor on the rear platform lower than the front keying platform  
- Allows ability to quickly change desk height to support sitting and standing at different heights over the day  
- Increases postural variation and offset sedentary work  
- Good for shared workstations  
- Good for recline sitters who like a positive angle for their input devices  
- Good for persons who like to key/mouse low over their lap in a negative angle |

| Specifications: | - Weight capacity: 300 lbs.  
- Split-level rectangular desk with 2 leg base has two platforms that adjust independently: input platform at front of table and display platform at rear  
- Input platform dimensions: 48” wide x 15” deep x 1.25” thick  
- Display platform dimensions: 48” wide x 18” deep x 1.25” thick  
- Desk height range 22” to 48”  
- Input platform adjusts 9.5” above and 6.5” below display platform and adjusts from 15 degrees positive tilt to 15 degrees negative tilt, including flat position |

| Guidance and Testing: | - Guidance may be needed  
- N/A for testing  
- Can be augmented with Morency forearm support (optional)  
Options: Options available for employees taller than 6’2”. Contact vendor for details |
<table>
<thead>
<tr>
<th>To Order:</th>
<th>Installation:</th>
<th>When to use:</th>
<th>Specifications:</th>
<th>Guidance and Testing:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Herman Miller Input Table, Seated Range, Soft White</td>
<td>Optional User to assemble or contact vendor Pivot Interiors for quote</td>
<td>- This sitting-height adjustable input table can be used as a keyboard/ mouse platform for use in front of surfaces that are too high and where a keyboard tray cannot be installed. - Pin-height adjustable legs allow input table to be adjusted flat or at an angle. - Can be used as a mobile side table for typewriters, scanners or paperwork. - Works with keyboard trays. - This table is sitting height range only. Also available in a standing height range version.</td>
<td>- Dimensions: 22” deep x 30” wide - Adjustability range: 22” to 32” high - Easy pin height adjusts for height and slope - Available in soft white - Herman Miller sales are final</td>
<td>- Not usually needed, Quick Fix Item - N/A for testing</td>
</tr>
</tbody>
</table>

**Vendor:**
Pivot Interiors; Dan Wickering (dwickering@pivotinteriors.com) & Heidi Ferguson (hferguson@pivotinteriors.com)

**Part #:** R2600.AL LU/LU
**$273.70** (includes shipping)